



**Reviewer's Report**

**Introspection, reflection, qualia, & consciousness: Making-sense of an 80-hour psychotherapy internship**

<b>Category</b>	<b>Remarks</b>
<b>Significance of the topic/issue to the field of research</b>	Since research that focuses on introspection and self-reflection of one's approach to and experiences with individual patient cases is not widely dispersed, focusing on such areas would encourage a culture of disseminating such research to improve the delivery of care for patients.
<b>Writing and other elements (e.g.: figures, tables, graphical elements)</b>	The writing is clear and the body of the manuscript is well-structured. However, the second paragraph of the introduction could be refined a little bit.
<b>Conceptual consistency (e.g.: clarity of objectives, use of relevant literature, consistency of reasoning, argumentation)</b>	The objectives are clear. Analysis and presentation of each patient case guided by the Gibbs reflective cycle is clear and consistent. However, in-text citations were missing at times when referring to the theories and ideas of others.
<b>Methodological consistency (e.g.: research design, sampling, data collection, data analyses as relevant to qualitative/quantitative data)</b>	The methodology is consistent and well-documented. However, a little bit more information on the phenomenological framework and how it was utilised for the present work by the authors would facilitate a more in-depth understanding for the reader.
<b>Discussion and conclusions (e.g.: implications, limitations, future research, recommendations)</b>	Overall a good discussion. Implications for the future are sufficiently indicated. Although not explicitly indicated, the authors have encouraged future research.
<b>Manuscript's contribution to the field of research</b>	A very good attempt and work by the authors in contributing to research that facilitates improved care delivery for patients.
<b>Recommendations</b>	Apart from the above-mentioned, I recommend (1) focusing on the tense, (2) sticking to either first-person or third-person narrative, (3) not using the

---

	term 'depressed population', and (4) revising latest APA guidelines for in-text citation. Furthermore, I believe it would be better to not say "most health professionals in South Asian cultures", especially if literature is not there to back up this statement, though the statement may be true.
--	---

**Any other remarks:**

**Decision:** Accept with minor revisions

**Date:** 27.11.2023